



DISPENSING GUIDELINES

Bottles

Practitioners should dispense Metabolics products into 15, 25 or 50ml drip or dropper bottles. Dispensing 100ml or above is not recommended. These bottles should never be reused.

The patient should be advised not to touch the dropper to their mouth or any other surface to avoid contamination. In both cases it is better to measure the dose into a separate vessel before ingestion. This is because Metabolics products contain no alcohol or other preservatives.

Dispensing

Pour directly from the Metabolics containers into the bottles where possible to reduce chances of contamination. If a funnel must be used it must be rinsed and dried between each product dispensed.

Metabolics products should be prescribed and dispensed per patient, based on assessment of that patient and documented in their file. Under no circumstances may Metabolics products be displayed and/or sold without consultation with a practitioner qualified to dispense them.

Labelling

All Metabolics products must be clearly labelled with the practitioner's name, address and contact details, date dispensed, minimum and maximum dosage clearly stated, active ingredient, batch number, expiry date and how product is to be stored. Metabolics can supply the format for the template if required.

pure health solutions 

Practitioner name
Ph: 02 1234 5678

Date: ___ / ___ /20___ Amt: _____

Patient: _____

Product: _____

Dosage: _____

Exp: ___ /20___ Batch Number: _____

Refrigeration required: Yes / No

Refrigeration of Vitamins

Metabolics Activated Vitamins require refrigeration. This should be noted on the label and reinforced with patient before they leave the clinic.